

STACY SHEPHERD

EDUCATION

- **Master of Clinical Psychology**
Charles Sturt University, Distance Education
Completed December 2016
- **Master of Educational and Developmental Psychology**
University of Western Sydney, Bankstown campus
Completed November 2006
- **Bachelor of Psychology**
University of North Carolina, Chapel Hill North Carolina
Completed December 2004

CURRENT EMPLOYMENT

- Broulee Psychology, Broulee NSW
Director, Clinical Psychologist
January 2019 – present
 - Counselling children, adolescents and adults presenting with a range of mental health concerns, including anxiety, depression, complex trauma, PTSD, Autism Spectrum Disorder, learning difficulties
 - Utilising a range of therapeutic interventions, depending upon client need, including schema therapy, EDMR, ACT, CBT and mindfulness-based CBT.
 - Psychometric assessment, including cognitive and learning assessment, behavioural assessment (ADHD, ODD) and Autism Spectrum Disorder
 - Clinical supervision for psychologists and other organisations, including for case workers, social workers and other allied health professionals
 - Leading a growing team of psychologists and provisional psychologists within the team
 - Communicate with a range of other service providers, including GPs, other allied health professionals and schools
- **Grand Pacific Health**, Moruya NSW (*Previously Southern NSW Medicare Local*)
Psychologist
January 2015 – April 2019
 - Counselling with children, adolescents and adults for a range of concerns, including anxiety, depression, history of trauma, and drug and alcohol abuse
 - Communication with external agencies and medical professionals
 - Development and implementation of group-based programs for anxiety, depression and insomnia

PREVIOUS EMPLOYMENT

- **Psychology Victoria Pty Ltd** –Ballarat VIC
Director and Senior Psychologist
August 2010 – December 2014

- Private practice providing a range of childhood assessments, including Autism and Asperger's Syndrome assessments (ADOS, ADIR & CARS), cognitive, behavioural and developmental assessments and assessments for learning difficulties
 - Consultancy work for schools, providing assessment and recommendations, student counselling and parental support
 - Private counselling for children and adolescents, parent support groups (Autism-related and behaviour management for challenging behaviours)
- **Lewis & Lewis Australia – Hoppers Crossing VIC**
Assessment Coordinator; Contract Psychologist
November 2008 – December 2014
- Conducting a wide range of assessments, including cognitive, developmental, behavioural and educational assessments
 - Assessing for learning difficulties and providing strategies for parents and teachers to assist these students
 - School funding assessments and assisting with coordinating applications for public, Catholic and independent schools
 - Consultancy-based work within schools, providing recommendations for managing and teaching students with a wide range of different teaching and learning needs
 - Conducting specialised Autism/Asperger's Syndrome assessments for children and adolescents using the ADOS, ADIR and CARS
 - Locum-based school counselling
 - Individual and group therapy addressing a range of issues, including anxiety, anger management and depression
- **Djerriwarrh Health Services, Melton Health – Melton VIC**
Senior Educational & Developmental Psychologist
Full-time (August 2010 – June 2011); Part-time (June 2011 – January 2013)
- Managing the Psychology clinic, including managing the waitlist, assessing a range of childhood disorders and difficulties, and providing short-term therapy to children and their families
 - Participating in multidisciplinary assessment for developmental delay and autism spectrum disorders. Participating in the behaviour assessment clinic, including assessing for ADHD, ADD and ODD.
 - Conducting several therapy groups for children and parents, including those to help parents manage challenging behaviour, connect emotionally with their children and to improve childhood social skills and literacy skills.
 - Providing supervision for Masters level students and ongoing supervision for new graduate Psychologist employed by Melton Health
 - Case consultations with other Allied Health professionals, including Speech Pathologists, Occupational Therapists, Dietitians and Paediatricians
 - Consultancy work with schools, including observations and recommendations for a range of childhood issues
 - Liaising with internal and external services, providing referrals where needed.
- **John Blythe Child Psychology – Blacktown NSW**
Psychologist
January 2008 to November 2008
- Conducting cognitive, developmental, behavioural and academic assessments using a wide variety of assessment tools
 - Conducting specialised Autism and Asperger's Syndrome assessments

- Report writing and providing recommendations for parents and teachers
 - Providing educational and literacy based interventions
 - Improving reading, spelling, writing and numeracy skills in children and adolescents
 - Individual and group therapy for a range of issues, including anxiety, depression, anger management and social skills training
 - Family therapy and parent training interventions
 - Liaising with external agencies, schools and GPs
- **Kambala Anglican Girls' School** – Rose Bay, NSW
 School Psychologist and Learning Support
 January 2007 to December 2007
- Working across all grade levels, ranging from Prep to Year 12
 - Working with students on an individual and group basis presenting with a variety of issues including anxiety, depression, eating disorders, school refusal and bullying
 - Conducting cognitive and academic assessments, report writing and providing recommendations for both parents and teachers
 - Helping students with organisational problems, study skills deficits as well as literacy, spelling and writing difficulties
 - Assisting teachers with providing extension activities for gifted students
 - Family counselling and strategies given to parents where needed
 - Liaise with external agencies and provide referrals where required
 - Developing and implementing Individual Education / Behaviour Plans

PROFESSIONAL MEMBERSHIPS

- Australian Psychological Society (APS), Member
- APS College of Educational & Developmental Psychologists, Member
- APS College of Clinical Psychologists, Associate Member
- APS Child, Adolescent and Family Interest Group, Member
- International Society of Schema Therapy (ISST), member – Certified Schema Therapist
- EMDR Association of Australia (EMDRAA)

REFERENCES

References Available Upon Request